



# LOOK AROUND YOU

*A meditative virtual walk around Burnhead Church*



**UDDINGSTON BURNHEAD PARISH CHURCH**



# THE DOORS

*The doors of the church, open today, are a symbol of a God who welcomes each one of us into his presence. As you enter this place of prayer, worship and reflection, why not think about God's presence and thank God that he is here?*

*Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. For the Lord is good and his love endures forever.  
Psalm 100:4-5*

*'God, thank you that you are here. Thank you that you know who I am and you welcome me.'*



# THE AISLE

*As you walk slowly down the aisle, you might like to pause for a while and imagine the thousands of people who have walked here before you. Some have come here weekly or for special occasions or as visitors. Others have walked down this aisle to be married, to bring their children to be baptised or to bid farewell to loved ones. Pause and feel the weight of history – all those significant moments, then life stories that have played across this space – moments that humanity and God shared together. Why not stop and thank God for his involvement in our lives?*

*Sing to the Lord a new song, his praise in the assembly of the saints...for the Lord takes his delight in his people.  
Psalm 149: 1&4*

*'God, thank you that you are interested in me and in my life, both in the important moments, and in the day-to-day business of living.'*



# THE BAPTISMAL FONT

*The font is the starting point for many people on their journey of faith. Through the act of baptism, or christening, we identify ourselves with the church community. The water of baptism represents a leaving behind of the past, and a commitment to God for the future. While you are in this sacred place, perhaps there are things you would like to 'leave behind'.*

*Jesus said:*

*'Come to me, all you who are tired and have heavy loads, and I will give you rest. Accept my teachings and learn from me, because I am gentle and humble in spirit, and you will find rest for your lives.'*

*Matthew 11:28-30*

*'God, help me to leave behind the things that trouble me, and give me the peace of your presence.'*



# THE COMMUNION TABLE

*Move forward now to the Communion Table. It is here that the bread and wine are shared, the defining symbols of church life. These symbols speak to us of the sacrifice that Jesus made at the cross, where his blood was shed and his body was broken. It is here at the table that we find forgiveness, healing and wholeness.*

*"Anyone who belongs to Christ is a new person. The past is forgotten and everything is new.... God was in Christ, offering peace and forgiveness to the people of this world. And he has given us the work of sharing his message about peace.*

*2 Corinthians 5:17, 19*

*'Thank you for the forgiveness and peace you offer us through Jesus. Help me to walk in them, and share them with others.'*



# THE PULPIT

*Look towards the pulpit. Imagine how many words have been said from this platform. There may not be anyone speaking from there now, but God's voice can still be heard. God invites us to listen, to seek his voice in the stillness, in the beauty of this place.*

*'Give ear and come to me: listen that you may live... Seek the Lord while he may be found, call on him while he is near.'*  
*Isaiah 55: 3&6*

*'God, please speak to me today in this place. I am ready to hear from you, and I am listening.'*



# THE WINDOWS

*Look around now to the windows and see the light that fills the church. Stop and think about light, how it reveals beauty and colour, and allows us to see. It shows us the pitfalls and obstacles in our path, and makes it possible for us to move forward. The bible speaks of God's presence as light, a brightness that illuminates, guides and inspires us. If you would value that kind of light, ask God to light your path today.*

*Jesus said:*

*"I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."*

*John 8:12*

*'God, be my light today, guide me and inspire me. Let me see clearly, and show me the way ahead.'*



# THE WALLS, PILLARS & ROOF

*Look around at the walls and pillars. Think how long they have stood there, immovable and solid. Consider the storms that the roof has weathered, the rain, sun and snow that has fallen across it. For centuries, people have come to churches for shelter, for refuge – not just from the weather, but from their enemies and from their troubles. You might like to take this opportunity to ask God for his protection over you.*

*King David sang:*

*"The Lord is my rock, my protection, my Saviour.*

*My God is my rock, I can run to him for safety.*

*He is my shield and my saving strength,  
my defender and my place of safety."*

*2 Samuel 22:2-3*

*'God, watch over me and keep me safe. Protect me and the ones I love from those who would do us harm.'*



# THE CENTRE

*Often the floor plan of a church is in the shape of a cross. Move into the centre of the building and, standing here at the centre, perhaps you'd like to reflect on where God features in your life. Maybe God is central to who you are and the choices you make, or maybe he rarely crosses your mind.*

*Either way, God loves us and wants to be involved in our everyday lives. Would you like to be more aware of God?*

*Take your everyday, ordinary life – your sleeping, eating, going-to-work and walking around life – and place it before God as an offering. Embracing what God does for you is the best thing you can do for him.*

*Romans 12:1*

*'God, help me to walk closer with you and to know you better. Show me how I can live with you and for you in my everyday living'.*



# OUTWARDS

*Stay a while – explore, think and pray or enjoy some peace and quiet. As you leave, consider what you will take with you. The church is called God's House, but God is not confined within these walls. Why not look for him outside the building – the signs of his presence in the streets, in the car, in your own home and in the people around you?*



*God made the world and everything in it. He is Lord of heaven and earth, and he doesn't live in temples built by human hands.....He gives life, breath and everything else to all people....God has done all of this so that we will look for him and reach out and find him. He isn't far from any of us, and he gives us the power to live, to move, and to be who we are'.  
Acts 17:24-25, 27-28*

*'God, go with me today as I leave this church. Go ahead of me and reveal yourself to me in your world and in my own life'.*



*Thank you for visiting Burnhead Church. We hope that you enjoyed the look around.*

*The Lord bless you and keep you.  
The Lord make his face to shine upon you  
and be gracious unto you.  
The Lord lift up his countenance upon you  
and give you peace.*

*Amen*